We believe that sharing and connection are a vital part of kitchen learning. As students explore their own kitchens, virtual platforms can allow students to share and connect across distance. In this curriculum, we suggest that teachers decide on one sharing platform for their class to use. Read the following descriptions and choose the platform best suited to your needs. We also provide some guidance for students on recording videos, making voice memos, and creating photo essays in the student resource Sharing What You Made.

Recommended Platforms:

- **Padlet**: Padlet is a shared virtual wall where students and teachers can post images and videos, embed links, and write text. Teachers might choose to make a padlet page for their Edible Schoolyard activities, so that students can see all of their work, reflections, and extensions on the same page. Padlet is a great, simple sharing tool with a low barrier to entry. [https://padlet.com](https://padlet.com)

- **Social Media Platforms**: You might opt to use social media as a platform for connection. Instagram, Twitter, and Facebook, all allow for the sharing of videos, photos, and text. Try creating a class Instagram account, so that students can tag the class in their posts, or utilize the hashtag #EdibleEdAtHome. The benefit of using social media is that students might already be experts in using the platform. At the same time it is important to stay mindful of privacy concerns. [https://www.instagram.com](https://www.instagram.com)

- **Flipgrid**: Flipgrid is an online learning platform that allows for video responses, uploaded images/videos/text, communal learning tools like a whiteboard, and even the ability to share with families. Flipgrid offers extensive sharing opportunities for both synchronous and asynchronous learning. [https://info.flipgrid.com](https://info.flipgrid.com)

- **Existing online learning platforms**: If your school uses Google Classroom, Seesaw, or another learning platform, you may be able to set up a sharing space within that system.
Instructional Practices for Sharing:

- **Photo Diary:** An excellent option for the Create Your Own activities, photo diaries consist of taking a series of pictures that document the student’s cooking process. They might also include captions with each photo, to explain what the student was doing at each step.

- **Video Diary:** Another way to document the cooking process is through a video diary, in which the student uploads a video or series of videos documenting the cooking process and narrating their experience.

- **Three Part Post:** A Three-Part Post can consist of any three elements. For a cooking activity, that might look like a photo of the finished project, a short video of the cooking process, and text answering a reflection question. Elements could also include pictures of a drawing, audio, or a video diary where they respond to a reflection question.

- **Connections Beyond the Lessons:** Whichever sharing platform you choose could also serve as a place to share additional materials. You and your students might share links to articles, events, or videos related to the content to expand your learning beyond the lesson plans.

**Example:** Here is an example for how you might use Instagram as a tool for sharing a photo diary of a cooking project:

**How To Participate:** Fill out the ________ with your recipe.

**NEXT:** Create a post on Instagram with 3 photos

1. An image of your challenge sheet and recipe.
2. A picture of one of the steps of you making ______
3. A photo of your _______; either someone enjoying the dish or of the final product itself.

**THEN:**

1. **Tell us about what you made.** In your post’s comments tell us about your approach to making this recipe. What ingredients did you use? What cooking techniques did you use?
2. **Challenge someone!** In your post, challenge someone to create the same recipe you did and ask them to post an image of what they made.

If you are asking for students to post videos it’s important that you get media release forms from your students.