the wages, working conditions and rights of the people involved in growing, processing, distributing, or preparing a food. how a food or the process involved in making it available to you impacts animals.

how a food impacts your health

the memories or nostalgia you associate with a food or eating experience

how a food smells

how a food looks

how the weather impacts what you eat

the sound a food makes while you're preparing or eating it (example: the crunch of biting a carrot or squeak of chewing certain cheeses)
TEXTURE  
Interpersonal relationships

HABIT  
Availability

COST  
ENVIRONMENT

Ease or Convenience  
Culture or Identity
when you make decisions about what to eat based on the desires, needs, recommendations or preferences of others

the texture of a food

how readily available a food is to you - how easy or difficult it is for you to get a hold of a certain food

what you’re used to eating (or not eating) - your familiarity or routines with food

how the food you eat or the process involved in making it available to you impacts the environment

how cheap or expensive food is

what a food represents to you, or its connections to your culture or identity

how easy and convenient it is to access or prepare a food, or the time and labor required to do so
season

mood

Time of Day

taste
how the time of day impacts what you eat

how a food tastes

how the time of year impacts what you eat

how your mood impacts what you eat