



Starting Seed Activity

Summary: Starting seeds is an easy and fun activity to do at home. You can start seeds easily and watch them grow by starting them in a plastic bag. You can also plant seeds in your garden or planter boxes by [direct seeding](#).

Step 1: Get your materials together. You'll need seeds, sandwich size bags, paper towels, a permanent marker, and a spray bottle for water. If you don't have a spray bottle, just use a bowl of water.



Step 2: Label your bag with the name of the seed, the year the seed is from, and the date.

Step 3: Place 10 seeds on one half of a paper towel. Spread them out evenly so that they all have room to sprout. Fold the paper towel over to cover them.

Step 4: Spray the paper towel or splash water onto it using your hand until it is saturated but not soaking wet. It shouldn't have any dry spots, but it shouldn't be dripping either.

Step 5: Place the wet paper towel with seeds into the ziploc bag and set in a warm, sunny place like a windowsill. Seeds should germinate within 10 days.



Step 6: Transplant your starts into soil and watch them continue to grow!

