



The Edible Schoolyard

Severe Allergic Reaction and Bee Sting Action Plan

If a student is stung by a bee or has an allergic reaction to nuts:

FIRST:

1. If possible, **bring student to the ESY office or move to a quiet place**. A staff member needs to stay with the student until situation is resolved.
2. Determine if the student has a known allergy:
 - a. Look in the ESY bee kit (tool shed or office) to see if the student has a known bee allergy on record.
 - b. Call King office, 510-644-4544, to check if student has any known allergies on record.

SECOND:

1. Determine if allergic reaction is **SEVERE**:
2. Symptoms of a **SEVERE** allergic reaction include:
 - a. **ONE OR MORE** of the following:
 - LUNG: Short of breath, wheeze, repetitive cough
 - HEART: Pale, blue, faint, weak pulse, dizzy, confused
 - THROAT: Tight, hoarse, trouble breathing/swallowing
 - MOUTH: Obstructive swelling (tongue and/or lips)
 - SKIN: Many hives over body
 - b. **OR COMBINATIONS** of symptoms from different body areas:
 - SKIN: Hives, itchy rashes, swelling (e.g., eyes, lips)
 - GUT: Vomiting, cramps, or pain
3. **If reaction is SEVERE:**
 - a. If available, refer to student's individualized allergy action plan.
 - b. **INJECT EPI-PEN**, note time of injection.
 - c. Call 911, tell rescue squad epinephrine was given, request ambulance with epinephrine.
 - d. Call the parents and inform them of the sting and treatment.
 - e. Call the King main office and inform them of the sting and treatment.
 - f. If symptoms persist or recur, a second dose of epinephrine can be given 5 minutes or more after first dose.
 - g. For severe reaction, consider keeping student lying on back with legs raised.
 - h. Stay with student and calmly reassure student until emergency help arrives. Stay with student (at King, in ambulance, at hospital) until a parent arrives.
 - i. Look, listen and feel for breath. If student stops breathing, start CPR.
 - j. **Alert Janet, Vice Principals, and Agatha to the situation by using the walkie-talkie radio in Kyle's office.**



THIRD:

1. Determine if allergic reaction is **MILD**:
 - a. Symptoms of a **MILD** allergic reaction include:
 - MOUTH: Itchy mouth
 - SKIN: A few hives around mouth/face, mild itch
 - GUT: Mild nausea/discomfort
 - EYES: Red, watery eyes
 - NOSE: Itchy, sneezing, runny nose
2. If reaction is **MILD**:
 - a. Stay with student.
 - b. Call parents to inform them of the mild reaction.
 - c. **GIVE ANTIHISTAMINE** if ordered by a physician.
 - d. **Any student who receives treatment should be sent home from school for the rest of the day.**
 - e. **Alert Janet, Vice Principals, and Agatha to the situation by using the walkie-talkie radio in Kyle's office.**

FOURTH:

If there is no treatment warranted, we should **still monitor student for at least 2 hours** as student may experience a delayed allergic reaction for up to 2 hours. Make certain that adults (the classroom teacher or, if the student is going to lunch, the Vice-Principal) supervising student for the next 2 hours are notified that the student has been stung and instruct the adults to watch for delayed symptoms of a severe allergic reaction.

FIFTH:

1. Always follow up the next day with a phone call to the family of affected student or to the adult who was stung.

If an **ADULT** is stung and the reaction is **SEVERE**, follow instructions for **EPI-PEN**. If reaction is not severe, offer options of antihistamine, ice, etc.

IMPORTANT PHONE NUMBERS:

King Main Office: (510) 644-xxxx
ESY Main Office: (510) 558-xxxx
ESY Kitchen Office: (510) 558-xxxx
ESY Garden Cell: (510) 292-xxxx
Javier Mendieta: (510) 644-xxxx
David Gold: (510) 644-xxxx
Leslie Stenger: (510) 644-xxxx
Rikki Moreno: (510) 644-xxxx