

THE **EDIBLE**
SCHOOLYARD
PROJECT

UNDERSTANDING ORGANIC

Final Workbook

Summary: Meaningful action requires deep reflection, a connection to self and community, and evaluation of resources, skills, and needs. The final project provides you with the opportunity to prepare for meaningful action around organic.

Directions: Complete each worksheet according to the directions on each page. See descriptions of each sheet below.

Get Inspired: Take some time to think about what inspires you (page 3).

What Roots You? Reflect on your hopes and what roots you. Write your hopes for organic and food justice in the image of plant leaves and roots (page 4).

Selecting A Topic: Which topics feel the most important or inspiring to you? (page 5).

Finding and Evaluating Sources: Fill out the K section of the KWL chart about the issue based on your prior knowledge and anything you might have learned during the previous lessons (page 6).

Discussing Your Topic: Have a discussion with someone of your choosing (e.g., a friend, a family member, an expert in the field, a community member) about your topic (page 7).

Topic Circle of Connections: Synthesize what you have learned about the topic and draw connections to yourself, your communities, and society by filling out a new Circles of Connection worksheet (page 8).

Taking Stock of Your Tools: Before taking action, it is helpful to think of the skills, resources, and people that can help us along the way (page 9).

Topic Summary: It's time to pull it all together! Look back at what you wrote in your final packet and write a one-page summary about the topic you would take action around.



FINAL PROJECT

Questions for Critical Action

Name _____

This workbook is designed to help you consider the following questions to help spark ideas for critical action you might take on your topic!

What inspires you to take action on your topic?



Who is doing work around your topic that is interesting? What drives their work? What organizations and communities are they a part of? What work do they do?

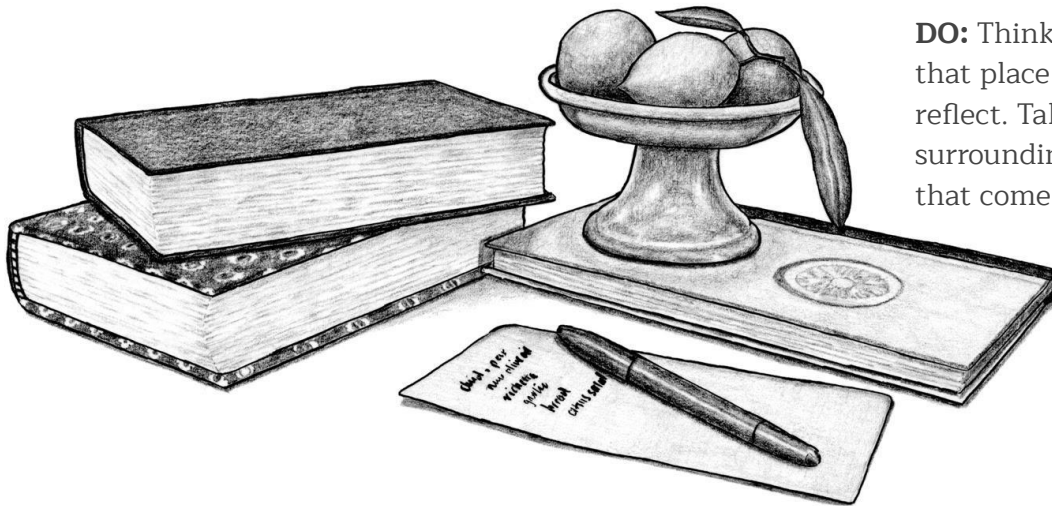
What skills and resources do you have that could help you take critical action?

What are some possible actions you could take that are located within participatory and/or justice-oriented frameworks for action?



GET INSPIRED

Name _____



DO: Think of a place that inspires you. Go to that place and find somewhere you can sit and reflect. Take notes or draw about your surroundings, your thoughts, and any ideas that come up about organic and food justice.



WHAT ROOTS YOU?

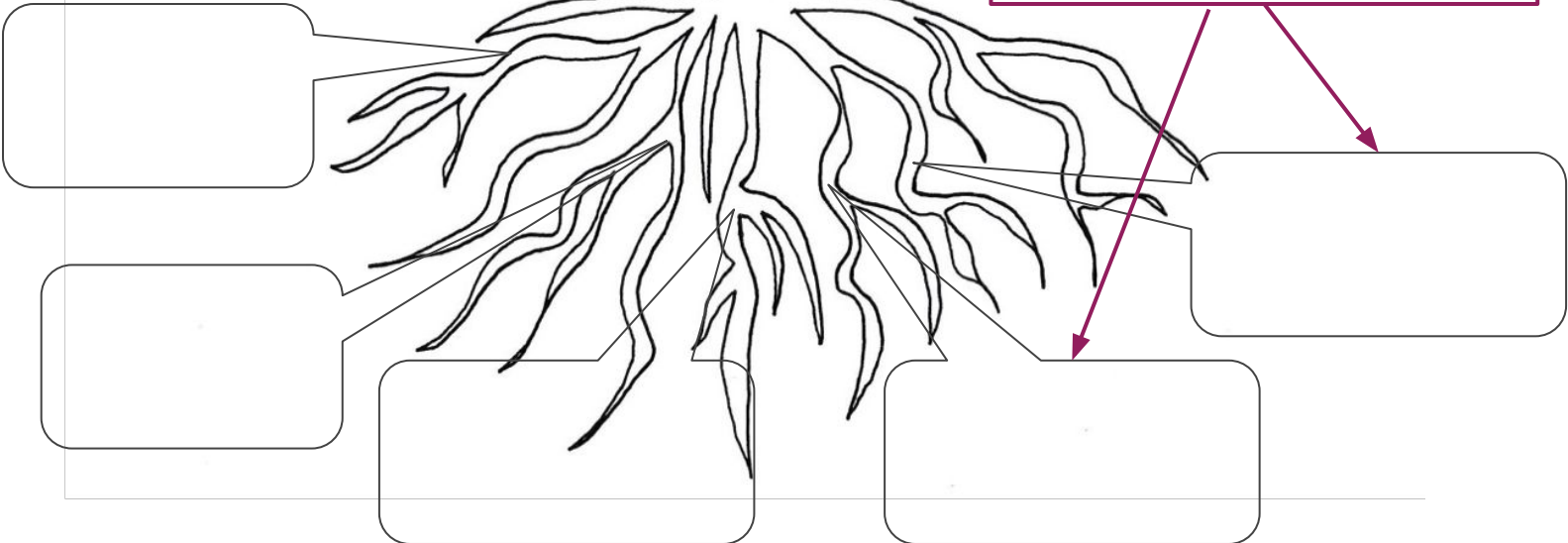
Name _____

ANSWER: In the drawing, answer the following questions

What are your hopes for food justice and organic? Write them on the leaves.



What grounds and inspires your hopes for food justice and organic (e.g. family food traditions, values, etc.)? Write them on the roots.





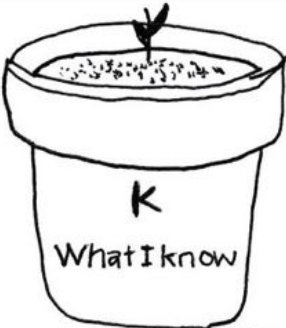

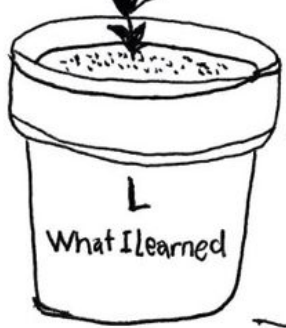
SELECTING A TOPIC

Name _____

DO: Look back at your circles of connections worksheet to revisit your hopes for yourself, your community, and society at large around issues of organic and sustainability. Write down three to four issues or topics that feel particularly interesting to you.

Example: It could be you are interested in how plants support the soil, or plants as medicine. It could be you are interested in accessibility to organic produce, or educating your community about the impacts of industrial agriculture.

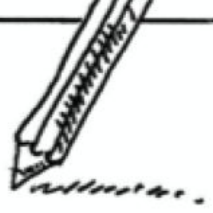
NEXT: Select one of the topics, circle it, and fill out the K&W sections of the KWL Chart below.

 K What I know	
 W What I want to know	
 L What I learned	



FINDING AND EVALUATING SOURCES

Name _____

	<p>DO: Gather some interesting sources on your topic and use your strategies for reading texts worksheet to evaluate the information in the sources. Write down the sources below along with a couple facts.</p> 
○	Source 1
	Source 2
○	
	Source 3
	Source 4
○	

Circle the sources that you find the most trustworthy



DISCUSSING YOUR TOPIC

Name _____

Have a discussion with someone of your choosing about your topic. It could be a family member or friend who is active in their community, or someone who has an interest in your topic.

Develop a set of question you can ask them:



Write your takeaways from the discussion here:



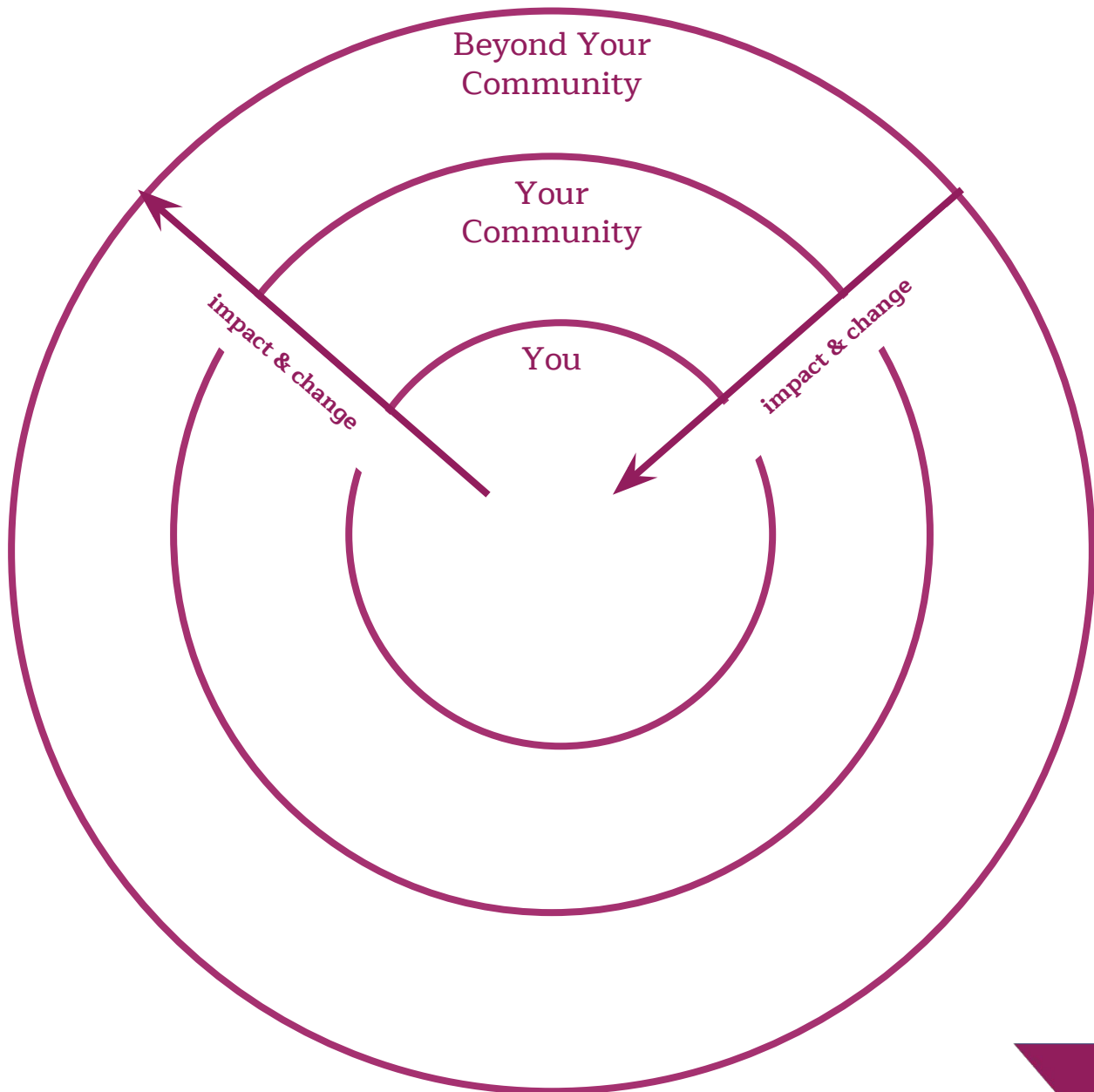
TOPIC CIRCLE OF CONNECTIONS

Student Worksheet

Name _____

Directions: Fill out this worksheet about your topic, considering the question: What changes do you want to see around your topic for yourself, your community, and beyond?

Your Topic:

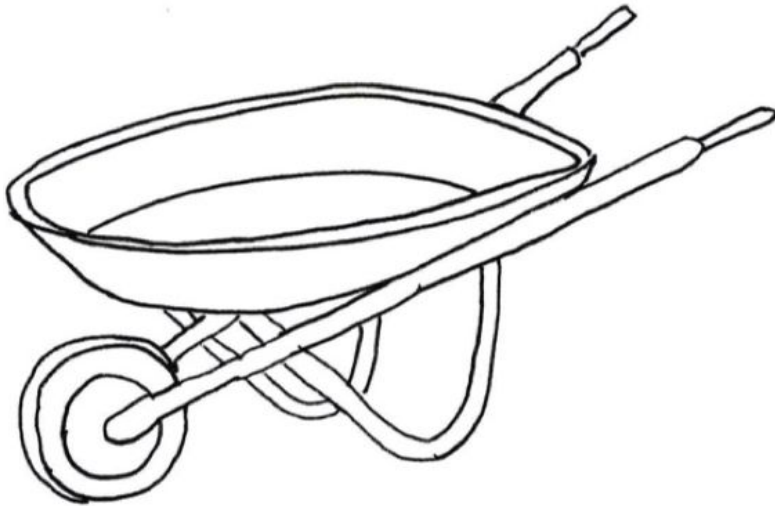




TAKING STOCK OF YOUR TOOLS

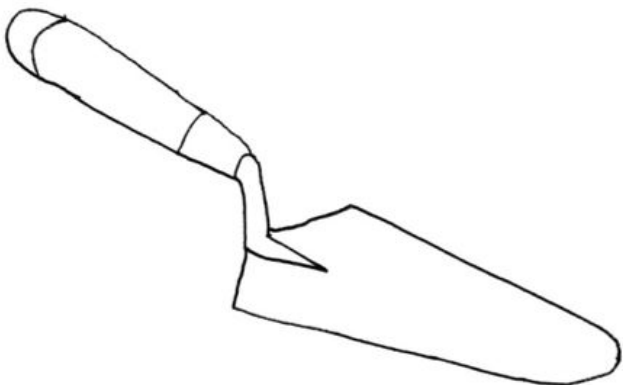
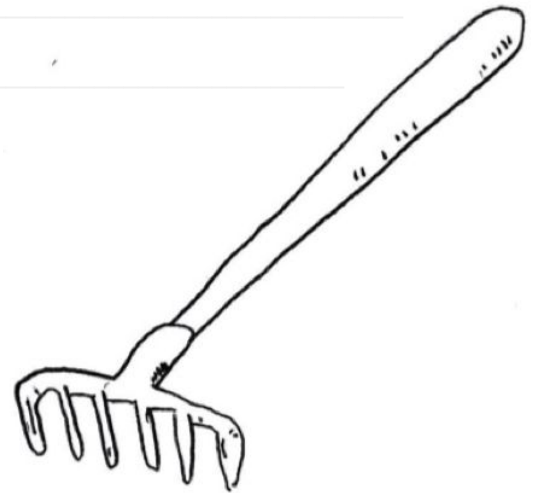
Name _____

When considering taking action, it is helpful to think of the skills, resources, and people that can help us along the way. Write the skills, resource, and people that can help you take action near the questions.

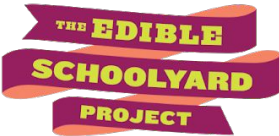


Who are the people that can help you along the way?

What are the resources you and your community have?



What are some of the skills you have that would help you take action?



WRITE: On the page below, write about your topic. In your writing, include the following elements:

- A description of the topic or issue you chose to focus on.
- An explanation of what inspires you about the topic.
- At least one participatory or justice-oriented action you could take that addresses your topic.

Name _____

NOTES:

