



## Five Ingredient Recipe Challenge

Connect with someone through our five ingredient challenge! Share with us what you created from the [Five Ingredient Recipe Lesson](#). Our **five ingredient recipe challenge** will be ongoing. This sheet details how you can participate.

### How To Participate:

Create a post on Instagram with three photos

1. An image of your five ingredients
2. A picture of what you made
3. A written description of your recipe

### THEN:

1. **Tell us what you made.** In your post's comments, tell us about why you chose those ingredients. How did you decide what recipe to make? How did it turn out?
2. Challenge someone! In your post, challenge someone to a recipe using your five ingredients, or five of their own, and ask them to post an image of what they made.

### DON'T FORGET TO:

[Tag @edibleschoolyard](#) in the photo and use the hashtag [#EdibleEdathome](#)

Highlighted posts will be featured on our social media platforms.

**Questions?** Email [learning@edibleschoolyard.org](mailto:learning@edibleschoolyard.org)