

Chip Investigation

Name of Chip	# of servings per bag	Calories per serving	Total calories per bag	# of ingredients	Salt / sodium	Fat

Put in order from what you think is the healthiest chip to the least healthy chip.
 For each chip, explain briefly why you think it is or isn't healthy.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____